

CONGRESS TENTATIVE SCHEDULE

**PASEDENA
BALLROOM**

MONDAY, DECEMBER 2nd, 2019

**SESSIONS MARKED AS LS: Available through Global Dance TV, Live streaming!
ARRIVE EARLY, STAY SEATED.**

We will allow 5 minutes after each segment for room transition.

Time	SPEAKER(S)
9:00 AM	Judges Panel Private Critique of your Routine Video Clip Included with Congress Pass. By Appointment Only - DEADLINE November 18 - Email yantonacci@gmail.com.
10:00 AM	Wake! Woke! YUSEF NASIR PART ONE - WARM UP Los Angeles Teacher, of Hip-Hop, Contemporary & Modern (Be On Time and Ready to WORK IT)
11:00 AM	Opening Remarks (LS) US OPEN Assistant EVENT DIRECTOR, Ruth Farmer & CONGRESS CREATIVE DIRECTOR, Benji Schwimmer (All presenters will be in attendance)
11:30 AM – 1:00 PM (Doors close @ 11:30)	OPUS LEGENDS PANEL (LS) Analyzing Legendary Performances Through the Lens of The Competitor Laureen Baldovi, Robert Cordoba, Jessica Cox, Jordan Frisbee, Heidi G, Tatiana Mollmann, Robert Royston, Benji Schwimmer, Torri Smith, Matt Auclair, Kellese Key, Kyle Redd, Sarah Vann Drake
1:30 PM – 2:30 PM (Doors close @ 11:30)	CLASSIC SWING WITH THE WINNING EDGE Conversation and Inspiration Jordan Frisbee & Tatiana Mollmann
2:45 PM - 4:00 pm (Doors Close at 2:45)	CERTIFIED JUDGES TRAINING & DOES IT SWING PROJECT (LS) & QUANTIFY YOUR SWING EXERCISE How to measure your swing. Guided use of the Swing Content App Phil Dorroll EVENT DIRECTOR, Ruth Farmer ASSISTANT E.D., & US OPEN CHIEF JUDGE, Yvonne Antonacci
4:00 PM - 6:00 pm (Doors Close at 3:00)	CHOREO SWING LAB (LS) Choreography & Artistry in a (Modern) Swing World Conversation, Demonstration and Perspiration Benji Schwimmer
6:00 PM - 7:30 PM	GROOVIN' WITH TONI BASIL CELEBRITY, DANCER, CHOREOGRAPHER, JUDGE, ACTRESS & FILM DIRECTOR Join Toni as she leads you through moves to Get Your Groove on.
7:30 PM	CLOSING REMARKS Benji Schwimmer & Phil Dorroll
PASEDENA BALLROOM	TUESDAY, DECEMBER 3RD, 2019 CHOREOGRAPHY/MOVEMENT
10:30 AM - 11:30 AM	CHOREO SWING LAB Custom Choreography for THE OPEN CONGRESS Jordan Frisbee & Tatiana Mollmann
12:00 PM - 1:30 PM (Doors close at 12:00 PM)	AERIALS & LIFTS LAB (LS) LEVEL OF DIFFICULTY AND FORM PRESENTATION & DEMONSTRATION
2:00 PM - 3:00 PM (Doors close at 2:00 PM)	LIFT PREPARATION TECHNIQUES ROBERT ROYSTON will provide techniques to use in training to prepare various lifts. Dress Accordingly.
3:15 PM - 4:30 pm	YUSEF NASIR PART TWO COMBINATIONS Los Angeles Teacher, of Hip-Hop, Contemporary & Modern (Be On Time and Ready to WORK IT)
4:30 PM	Benji Schwimmer, Phil Dorroll Closing Remarks: "We Are the Future of Swing"