

ADVANCED HUSTLE JACK & JILL

Rules

This division allows for any hustle patterns used in intermediate and novice divisions. It further allows continuous turns beyond 2 ½ turns, side by sides and patterns with one foot off the ground (such as ronde, one legged spins, etc.).

Tempos range from 100 BPM to 120 BPM.

Competitors must be age 14 or older.

Guidelines

This division is intended for dancers that have extensive knowledge of hustle patterns, technique, and 4 or more years of hustle dance experience. Competitors in the division are encouraged to exhibit all elements from the intermediate guidelines, with the addition of more refined technique, complex patterns, musicality, and smooth connections.

The hustle patterns below are samples of advanced patterns encouraged at the intermediate level:

- Illusions turns
- Traveling shadows
- Diamond Variations
- Crazy turns (Eddie Vega inspired turn patterns)
- Fred & Ginger pivots
- Clock
- Advanced T-turn combinations
- Grapevines with turns
- Poses and level changes
- Lollipop with spanish turns
- Samba turns

INTERMEDIATE HUSTLE JACK & JILL

Rules

This division allows all patterns recommended in novice. It further allows patterns with up to 2 ½ turns in either direction for both the leader and follower, extended rhythms outside of the standard 3 and 6 count rhythms, syncopated footwork, swivel actions, blind leads, free turns, and traveling moves.

Penalties may be given if judges deem that competitors are dancing considerably below their level.

Tempos range from 100 BPM to 115 BPM.

Competitors must be age 14 or older.

Guidelines

This division is intended for dancers with 2 or more years of hustle dance experience. This is the most common level of hustle dancing seen at most hustle socials or parties.

Competitors in this division are encouraged to exhibit proper technique, arm styling and syncopated footwork. These attributes of hustle are explained and demonstrated within common hustle syllabi such as IHDA (International Hustle Dance Association), DVIDA (Dance Vision), Fred Astaire, Arthur Murray and etc. All of these syllabi can be found online for more information.

The hustle patterns below are samples of intermediate patterns encouraged at the intermediate level:

- Wrap turn variation (open, closed, over head etc.)
- Las Vegas
- Unassisted New York Walk
- Diamonds
- Diva Walks
- Double outside or inside turns
- Spanish turns
- Consecutive grapevines
- 4 count T-turns
- Swivel variations
- Extended shadow

NOVICE HUSTLE JACK & JILL

Rules

Tempos range from 100 BPM to 110 BPM.

This division allows for standard 3 and 6 count rhythms in hustle. These rhythms can be defined as &123 or &123&456. This timing is defined in common hustle syllabi such as IHDA (International Hustle Dance Association), DVIDA (Dance Vision), Fred Astaire, Arthur Murray and etc. All of these syllabi can be found online for more information. The beginner and newcomer level of hustle are referred to as “bronze” within most hustle syllabi.

Guidelines

This division is intended for beginner and newcomer dancers with 1 to 2 years of hustle dance experience.

Competitors are encouraged to exhibit fundamental hustle basics. These basics of hustle dancing are explained and demonstrated within common hustle syllabi as listed above.

Competitors must be age 14 or older.

The hustle patterns below are samples of beginner patterns encouraged at the beginner level:

- crossbody lead
- Bridges
- Inside turns
- Sliding doors
- Whips
- Assisted New York Walk
- Shadow position
- Baskets
- Hammer locks
- Grapevines